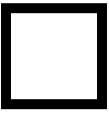
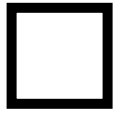


Avocado

YES NO



REFRIGERATION



TEMPERATURE

5-13°C (41-55°F)



GOOD

Storage/Display

- Keep ripe avocados cool; unripe avocados should be kept at room temperature
- Unripe and ripe avocados are very sensitive to ethylene; keep away from moderate to high ethylene producing fruits/vegetables
- Separate from heavier items



BAD

Handling

- Avocados bruise easily; handle carefully
- Do not drop, toss or roll

Basic Info

- Discard those with broken skins
- Look for firm, shiny skin